

**It's a WRAP**  
**Wellness, Respect, Acceptance, Protection**

**Healthy Concepts, Inc.**

We all want to feel special, to believe we matter, and to know that someone cares about us and is willing to listen. Our WRAP sessions will allow our young participants to gather as a team to talk about whatever is on their minds. The facilitators within the program will serve as listeners and guides, helping the students discover solutions to the issues raised. It is our hope that during these 30-60 minute sessions, the students will develop trust and respect for the leaders and for one another.

Our Youth are struggling to develop their own identities, to find their own path in a society that often tells them what they should look like, how they should act or what they should believe. Sometimes the social pressure they face becomes too great, and they strike out at others or at themselves. Through the WRAP sessions, we hope to provide the kind of support that will allow students to deal in a healthy way with the common questions of adolescence: Who am I? Where do I fit in the world? We want them to value who they are and the potential they have to affect others in a positive way.

To support the students so that they can reach their full potential both academically and socially, we are willing to act as the liaison between the child and his/her family if such a role is necessary and desired by both parties. We also encourage the children to act as mentors for one another, to demonstrate kindness and compassion, and to become leaders in their community.

WRAP sessions will provide a safe and nurturing environment for the children who attend our afterschool program. Each session will revolve around our four principles of Wellness, Respect, Acceptance, and Protection.

In addition to WRAP sessions we provide Family enrichment nights and anti-bullying forums to accomplish our mission. Mission: To work with the community to help children combat bullying and improve self esteem in a safe and nurturing environment.

Healthy Concepts, Inc.  
501c3 Non profit Organization  
3260 Holmestown RD  
Myrtle Beach, SC 29588  
843-668-4225  
[www.HealthyConceptsMB.org](http://www.HealthyConceptsMB.org)  
like us on facebook